Remember the enchantment of walking into a gym 20 or more years ago? There, in place, were barbells and dumbbells that were incremented in reasonable poundages, lat machines made with professional parts, benches that did not wobble. And friendship.

In those days, gyms often held Grand Openings, but, of course, not Grand Closings. While the start of a new gym may have been announced in the muscle mags, the failures were not billboarded. Therefore, since the sources used to produce the following list of gyms were primarily drawn from the pages of various magazines in the field, only the startings of some gyms are recorded here. Endings have trailed into vagueness.

You can help us define the histories of these and other gyms. The list which follows is very incomplete, but with your help it can become more accurate and double or triple in length and substance. If you have any information about these or other gyms in North America during this century—any brochure, newspaper clipping, photo, or personal recollection—please share them with IGH and we will try to gather even more information about these other gyms. Again, please do not assume that we have information just because you have it. You may have a rare bit of documentation. Any help will be welcomed.

Study this list, and remember. Then remember to help us. . . Joe Roark

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
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<tbody>
<tr>
<td>American College of Modern Weightlifting</td>
<td>212 Chittenden St., Akron, Ohio</td>
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<tr>
<td>Harold Ansorge Health Studios</td>
<td>2124 Plainfield Ave., N.E. &amp; 141 28th Street S.E., Grand Rapids, Michigan</td>
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<tr>
<td>Henry Archambault, Holyoke Health Club</td>
<td>301 Main St., Holyoke, Massachusetts</td>
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<tr>
<td>Chuck Arenth Physical Culture Studio</td>
<td>310 Franklin St., Tampa, Florida</td>
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<tr>
<td>Dave Asnis</td>
<td>3 Springfield Ave., Newark, New Jersey &amp; 766 Springfield Ave., Irvington, New Jersey</td>
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<tr>
<td>Lord Lonsdale: Athletic Institute</td>
<td>England</td>
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<tr>
<td>Prof. John Atkinson: Athletic Institute</td>
<td>Knightsbridge, England</td>
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<tr>
<td>Louis Attila</td>
<td>Broadway, New York, New York</td>
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<tr>
<td>Bob Backus Gym</td>
<td>Pembroke, Massachusetts</td>
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<tr>
<td>Jules Bacon Gym</td>
<td>York, Pennsylvania</td>
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<tr>
<td>Ed Ball’s Gym</td>
<td>285 Delaware Ave., Buffalo, New York</td>
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<tr>
<td>Belleville Barbell Club</td>
<td>?</td>
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<tr>
<td>Professor Anthony Barker’s Studio</td>
<td>1235 6th Ave. New York, New York</td>
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<tr>
<td>Al Berger’s</td>
<td>1314 Walnut St., Philadelphia, Pennsylvania</td>
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<tr>
<td>Vern Bickel &amp; Jim Booker: Mid-American Studio</td>
<td>1313 E. 46th St., Kansas City, Missouri</td>
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<tr>
<td>Vern Bickel’s</td>
<td>2510 E. 39th St. (new location after fire), Kansas City, Missouri</td>
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<tr>
<td>Doug Biller’s Physical Culture Studio</td>
<td>114 W. Salem Ave., Roanoke, Virginia</td>
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<tr>
<td>Douglas Biller: Blue Ridge Barbell Club</td>
<td>926 Colorado Street, Salem, Virginia</td>
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<tr>
<td>Dave Bjorras: Dave’s Gym</td>
<td>710 N. Olive St., South Bend, Indiana</td>
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<tr>
<td>Dave Bland’s</td>
<td>3041 Hamilton Ave., Baltimore, Maryland</td>
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<tr>
<td>Jack Bloomfield</td>
<td>Newark, New Jersey</td>
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<tr>
<td>George Bothner’s</td>
<td>New York, New York</td>
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<tr>
<td>Rudolf Bredemeyer (consolidated the German Athletic Clubs in Cologne, Germany-1880)</td>
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<tr>
<td>George Bruce’s Gym</td>
<td>14436 Friar St., Van Nuys, California</td>
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<tr>
<td>Jim Burch’s Gym</td>
<td>Los Angeles, California</td>
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<tr>
<td>The “Cave”: Tanny’s 4th &amp; Broadway Gym</td>
<td>Santa Monica, California</td>
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<tr>
<td>Robert Cayeux’s Gym</td>
<td>Paris, France</td>
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<tr>
<td>Century Athletic Club</td>
<td>709 N. 95th St., Seattle, Washington</td>
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<tr>
<td>Al Christensen’s</td>
<td>2121 S. Andrews Ave., &amp; 2026 N.E. 19th St., Ft. Lauderdale, Florida</td>
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<tr>
<td>Barry Clark, George Turk, Alf Turk</td>
<td>Hamilton Health &amp; Barbell Club</td>
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<tr>
<td>Earl Clark Health Club</td>
<td>1228 3rd, Chula Vista, California</td>
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<tr>
<td>Dave Collier: Colonial Health Studio</td>
<td>3714 Ringgold Dr. , Chattanooga, Tennessee</td>
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<tr>
<td>Ben Colt: Scientific Health Studio</td>
<td>2169-71 86th St., Brooklyn, New York</td>
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<tr>
<td>Bruce Conner’s Gym</td>
<td>10830 Santa Monica Blvd., West Los Angeles, California</td>
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<tr>
<td>Jim Corea’s Gym &amp; Health Club</td>
<td>Woodcrest Shopping Center, Road and Browning Lane, Cherry Hill, New Jersey</td>
</tr>
<tr>
<td>Phil Courtois: Physical Culture Studio</td>
<td>482 12th St., Oakland, California</td>
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<tr>
<td>George &amp; Beverly Crowle: North Park Athletic Club</td>
<td>San Diego, California</td>
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<tr>
<td>Denie’s Gym (Harold Poole’s former gym)</td>
<td>719 Bergen Ave., Jersey City, New Jersey</td>
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<tr>
<td>Deutscher Athletic Club</td>
<td>Milwaukee, Wisconsin</td>
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<tr>
<td>Don’s Health Studio</td>
<td>1541 Chester Pike, Folcroft, Pennsylvania</td>
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<tr>
<td>Duncan Y.M.C.A.</td>
<td>1515 W. Monroe St., Chicago, Illinois</td>
</tr>
</tbody>
</table>
Roger Eall’s Gym
Columbus, Ohio

George Eiferman’s Gym
1732 N. Cahuenga Blvd., Hollywood, Calif.

John Farbotnik’s Gym
1106 E. Colorado St., Glendale, California

Frank Findlay’s
Melbourne, Australia

Irv Foss & Claude Williams:
Everett Health Studio
1809 Broadway Ave., Everett, Washington

Win Franklin Health Club & Gym
515 Park Ave., Plainfield, New Jersey

French Sporting Club
New York, New York

John Frietshe’s

Frye Institute (Rye Bell’s employer)
Chattanooga, Tennessee

Arthur F. Gay
32 South Ave.: 252 East Ave. (moved there in Spring of 1924) & 102-104 Broadway (moved there in 1944), Rochester, New York

German American Athletic Club
Chicago, Illinois

Vince Gironda’s
Los Angeles, California

Bert Goodrich

Gordon’s Gym
22206 Ford Road, Dearborn, Michigan

George Greaves: Esquire Health Club
424 Johnson St., Jenkintown, Pennsylvania

Andy & Gladys Gropp’s
1601-3 S. Clinton Ave., Trenton, New Jersey

Abe Goldberg: Empire Health & Studio
Manhattan, New York

Ed Hammitt’s Health Studio
3789 Warsaw Ave., Cincinnati, Ohio

Hemmenway Gym
Harvard University, Cambridge, Mass.

Bobby Higgins
143 E. Ohio St., & 239 E. Ohio St. Indianapolis, Indiana

Ireland’s Physical Culture Studio
174-176 Newtownard’s Road
Belfast, Northern Ireland

Kolar V. Iyer
Bangalore City, India

Bob Jani “Club Milo”
Insurgentes 360, Mexico City 6, D.F.

Gene Jantzen Resort
Bartelson, Illinois

Irwin Johnson’s Gym
22 East Van Buren St., Chicago, Illinois

Johnnie & Kay Johnson’s Gym
2714 N.E. Broadway, Portland, Oregon

Bowman Jones House of Health
4945 A. Delmar Blvd., St. Louis, Missouri

Ed Jubinville & Henry Archbault:
Holyoke Health Studio
434 High St., Holyoke, Massachusetts

Keasby Eagles
?

Ricardo Villar Kelly’s
Calle 6, No. 262 at Vedado, Havana, Cuba

Glenn Kenton’s Gym
122 E. Sixth St., Cincinnati, Ohio

Sig Klein’s
717 Seventh Ave., New York, New York

Steve & Jim Klisanin’s Gym
329 South Topeka St., Wichita, Kansas

Chris Koufas: Cambry H&S Studio
1514 Frazer Ave., N.W., Canton, Ohio

Jack Kress & George Johnson’s
Weightlifting Gym
Laguna, California

Bert Kurland: Daytona Beach S&H Club
Daytona, Florida

Ron Lacy-manager: Health Spa
Lexington, Kentucky

Jack LaLanne
377 17th St., Oakland, California & Market St., San Francisco, California

Larry Lanne & Ave Heaton’s
2249 Irvin St., San Francisco, California

Santo Leone Studio
787 Wyckoff Ave., Brooklyn, New York

Timmy Leong’s Physical Culture Studio
1076 South King St. & On the Mall
Union St., Honolulu, Hawaii

Jack Lipsky’s
13 N. Eutaw St.; 218 N. Charles St. & 525 N. Howard St., Baltimore, Maryland

Bob Lobe & Morris Nathan:
Bob & Morrie’s Gym
7761 W. Melrose Ave., Hollywood, Calif.

Long Island Weightlifting Club
611 Hicksville Road, Bethpage, Long Island, New York

Sam Loprinzi’s Doorway to Health Studio
414 S.E. Grand Ave. & 2414 S.E. 41st St. Portland, Oregon

Lucien Luki Marcel “Healthorium”
Atlantic City, New Jersey

John McWilliams Health Studio
Denver, Colorado

Norman A. Malick
312 W. Bloom St., Louisville, Kentucky

Walt Marcyan’s
1388-1398 Sunset Blvd., Los Angeles, Calif.

John Marolaka’s Olympic Health Studio
14 Centre St., Newark, New Jersey

Maxick’s
Buenos Aires, Argentina

Alan P. Mead
London, England

Hal Miller’s Muscle Mart

Tom Minichiello: Mid-City Gym
Manhattan, New York

Mits (Kawashima) & Mik Health Studio
1215 S. King St.; 1302 S. King St. & 535 Ward Ave., Honolulu, Hawaii

Norman Morin
89 Park Ave., Webster, Massachusetts

Moss’s School of Physical Training
Church Road, St. Leonards-on-Sea, England

Leo Murdock: Austin Health Club
605 W. 13th St. & 1206 Parkway Austin, Texas

Jimmy Ng
Honolulu, Hawaii

William Oliphant Barbell Academy
684 Bloor St. West., Toronto, Canada
Olympic Health Studio
288 W. Genesee Ave., Saginaw, Michigan

Frank Oshima’s “Westside Gym”
1775 W. Jefferson Blvd., Los Angeles, Calif.

Phil Oudinot
922 Robeson St., Reading, Pennsylvania

Allan Paivio
1426 Stanley St., Montreal, Canada

Jim Park & Jim Murray’s: Varsity Barbell Club
115 W. Bridge St., Morrisville, Pennsylvania

Val Pasqua’s Gym
3608 Bronx Blvd., Bronx, New York

Bill Pearl
1914 P Street, Sacramento, California

Bill Piephoff’s Gym
101 Stafford Pl., Greensboro, North Carolina

Harold Poole’s Gym
719 Bergen Ave., Jersey City, New Jersey

Charlie Postl
Chicago, Illinois

W.A. Pullum
5 Church St., Camberwell, England

Rex Ravelle
1138 Bishop St., Honolulu, Hawaii

Joe Raymond
669 E. 185th St., Euclid, Ohio & 788 E. 152nd St., Cleveland, Ohio

George Redpath
6122 Santa Monica Blvd., Hollywood, Calif.; 1943 West Manchester Ave., Los Angeles, Calif. & 8622 Troy St., Spring Valley, Calif.

Steve Reeves
6th at Alton Road, Ft. Lauderdale, Florida & a gym in Miami?

Leo Robert
Montreal, Canada

Clarence Ross
2306 Encinal Ave., Alameda, California

Eugen Sandow School (first name)
32A St. James St., Near Piccadilly Circus London, England

Tony Sansone
671 Third Ave., New York, New York

Hy Schaffer: Adonis Health Institute

Keith Schollander & Hugh McKenzie: McKenzie’s All America Gym
2010 Commerce St., Dallas, Texas

Screwball Gym
Revelry Blvd., Hollywood, California

Dr. Harry Shafrahn’s
Lincoln Road, Brooklyn, New York

Chuck Sipes
Modesto, California

Seth Smith’s
Knoxville, Tennessee

Ben & Maxine Sorensen Health Studio
205 Grand Ave. & 4131 E. 14th St. Des Moines, Iowa

Sparky’s Gym
Smith Road, Millville, New Jersey

Babe Stansbury’s
10215 S. Vermont, Los Angeles, California

Henry (Milo) Steinborn’s
2371 Grange St., Orlando, Florida

Al Stephan
414 1/2 Hennepin Ave., Minneapolis, Minn.

Leo Stern’s
3829 Granada Ave., San Diego, California & 714 National Ave., Culver City, California

Pudgy & Les Stockton
1392 Sunset Blvd.; 9323 West Pica Blvd. & 1774 East Colorado St., Los Angeles, Calif.

Streamline Health Club
412 Main St., Houston, Texas

Sundberg Gym
543 W. Michigan Ave., Battle Creek, Mich.

Armand Tanny’s
?

Vic Tanny’s
Vermont Ave., & 85th St Los Angeles, Calif.

Chester Teegarden: Weightlifting Club at the University of Indiana
111 N. Dunn St., Bloomington, Indiana

John Terlazzo’s
New York, New York

Tony Terlazzo’s
5911 Melrose Ave., Hollywood, Florida & 2204 W. Santa Barbara Ave. Los Angeles, California

Topeka Health Club
1424 Lane St., Topeka, Kansas

Trim Health Studio
2304 Washington St., Newton, Massachusetts

George Turner Gym
6275 Delmar St., St. Louis, Missouri

Ray Van Cleef’s Gateway to Health
1455 West San Carlos, San Jose, California

John Van Herik, V & N Health Studio
3212 N. Broadway, Chicago, Illinois

Dr. Von Krajewki
St. Petersburg Amateur Weightlifting Club St. Petersburg, Russia

Karo Whitfield: Atlanta Health Club
Atlanta, Georgia

Joe William’s Health Studio
2407 N. Broadway, Knoxville, Tennessee

Norman Wright: Escondido Athletic Club Escondido, California

Yaco’s Gym
40 W. Davenport & Taft Motel, Detroit, Mich.

Ed Yarick’s
3355 Foothill Blvd., Oakland, California

York Athletic Club
593 NW 62nd St., Miami, Florida

York Barbell Club Gym
North Broad Street & Ridge Ave., York, Pennsylvania

Bob Zuver’s
Southern California

Topeka Health Club
1424 Lane St., Topeka, Kansas

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