



# IRON GAME HISTORY



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## Looking Back and Moving Forward

Volume #1, Number #3 of *IGH* has appeared in your mail a bit early for two reasons. For one thing, Volume #1, Numbers # 1 and #2 were late and so this brings us, more or less, back on schedule. For another, we're going to be away from the university during most of July and August and we wanted to put #3 to bed and in the mail before we left. We can still be contacted at the same address, however, as all our mail will be forwarded, so please continue to send your suggestions and comments.

As you can see, we returned to the 16 page level, although we will increase the number of pages in the coming months if we continue to receive new subscriptions, particularly Fellowship and Patron subscriptions. We have several longer articles we would like to use and the 16 or 20 page format makes the use of such articles difficult. Our subscription list continues to grow, albeit more slowly. We now have just over 200 subscriptions and quite a few of those are either Fellowship or Patron subscriptions, for which we are very grateful.

We received the good news recently that both *Iron Man* and *Muscle & Fitness* will donate ad space to *IGH* in their magazines, and we have high hopes that this exposure will alert many people we have not reached either through our mailouts, through word of mouth or through the much-appreciated mentions we've received in *Powerlifting Today*, Dennis Reno's *Weightlifter's Newsletter*, and the *Bulletin of the North American Society for Sport History*.

Recently, Leo Murdoch suggested that each reader of *IGH* should be encouraged to either buy a subscription for a friend (as he had done) or to convince a friend to subscribe. So consider yourselves encouraged.

And if any of you are wondering why your subscription checks haven't cleared, it has to do with an internal

decision here at the university about how to place the *IGH* account within the overall structure of the McLean Fellowship. So bear with us; the checks should be deposited soon, probably by the time you receive this issue.

Finally, we would like to urge you to make an effort to attend the annual dinner of the Association of Oldtime Barbell and Strongmen. It will be held on September 22 at the Downtown Athletic Club in New York City. Vic Boff, the founder and president of the Association, assures us that this year's banquet will be more interesting than the previous seven.

Each year, the Association honors several luminaries and this year they shine with particular brightness. There will be four—Rudy Sablo, the longtime A.A.U. official and coach-official in weightlifting; Tommy Kono, eight time world champion in weightlifting; Frank Stranahan, the weight training devotee who used the weights to propel himself to the top of amateur golf during the 1950's; and Reg Park, the former Mr. Universe winner who went on to star in many Hercules films.

In addition, Vic has planned several exhibitions of lifting and posing for the enjoyment of the dinner guests and he has arranged for them to see rare footage of past physical culture greats. Our suggestion is that those who attend, unless they live in the immediate New York City area, should take a room in the

Downtown Athletic Club, train on Saturday morning in the well-equipped health club, spend Saturday afternoon sharing good fellowship with other members in the Hospitality Suite and enjoy a leisurely, informal breakfast with the guests of honor on Sun&y morning.

Anyone interested in reserving a seat at the dinner or a reservation at the Downtown Athletic Club should contact Vic Boff at 2218 86th Street, Brooklyn, New York 11214.

